



# shake

## salted caramel vanilla

- Non GMO, dairy, soy, egg, nut and gluten free
- Beyond™ Tri-Protein blend (organic pea protein isolate, organic rice protein, and organic hemp protein)
- Only 100 calories per serving
- 8g of prebiotic soluble fiber per serving

### The Perfect Balance of Plant Proteins, Fiber, Vitamins, Minerals and Probiotics.

Beyond Shake™ Salted Caramel Vanilla is made from the finest ingredients in the world. It features the perfect balance of organic, 100% vegan protein; heart-healthy fiber and essential nutrients optimized to achieve and maintain a healthy weight. Each highly-efficient ingredient plays a specific role in absorption, satiety and overall balanced nutrition to help you meet your fitness goals.



### Why Plant-based Protein?

All meal replacement shakes are not created equal. Beyond Shake™ Salted Caramel Vanilla formula blends the optimum ratio of proven plant-based proteins: pea protein isolate, rice protein and hemp protein. Each are powerful on their own, but mixed together they're the first vegetarian proteins that can compete with animal-derived proteins. All offer immense support to aid in weight management and are terrifically healthy and delicious to boot. Nothing you've tried even comes close. If you are serious about managing your weight and getting fit, you need the very best nutrition available to help achieve your goals..

[well-beyond.com](http://well-beyond.com)

DAIRY-FREE PLANT BASED PROTEIN



### Shake up your daily routine.

This superior, organic, plant-based protein blend is easily digested by your body and a delicious, healthy meal replacement shake made with some of the finest natural ingredients in the world—including probiotics for overall gut health.

**Shake. Breathe. Drink. Repeat.**

## The ULTIMATE Blend of Plant-Based Proteins.

Along with being extremely digestible, gluten-free and dairy-free, here are some major ways each protein helps you meet your goals:

### Pea Protein Powder

Pea protein isolate has a great amino acid profile, including many of the branched-chain amino acids that are well-known for decreasing muscle breakdown, specifically after workouts.

In addition, pea protein isolate also may aid in your weight management goals, help support a healthy heart, help regulate blood sugar levels and provide feelings of being satiated.

### Rice Protein

Rice protein is one of the top selling proteins in the United States, providing essential amino acids, vitamins B and E, fiber and healthy carbohydrates. A 2013 Nutrition Journal study shows that rice protein is just as effective as animal proteins in supplementing body composition and exercise performance.

### Hemp Protein

Hemp protein is arguably one of the best vegan protein powders with 20 amino acids, including the nine essential amino acids your body is unable to produce on its own and must obtain from dietary sources. Hemp protein is not only a protein powerhouse, it's also inherently loaded with healthy omega fatty acids and fiber.

### Probiotics

To further add to the digestibility of Beyond Shake™ Salted Caramel Vanilla, and to help with immune support, we added the probiotic, Lactobacillus Acidophilus (LB). Our guts are lined with trillions of bacteria that play an important role in our health. LB is very good for gut health. LB produces lactic acid, which may prevent harmful bacteria from colonizing our intestines.

### Vitamin/Mineral Blend

Since you'll want to enjoy this every day, we added some beneficial vitamins and minerals to support your overall health. Our proprietary vitamin and mineral blend includes Vitamin A, C, D, and E and vital minerals such as calcium, iron, magnesium, copper and zinc, to name a few.

## How to Enjoy

Mix one scoop (31g) combined with 8 oz. of cold water or almond milk. Add crushed ice or frozen fruit as desired. Simply shake, breathe, drink, repeat. Use daily for best results.

<b>Nutrition Facts</b>	
28 servings per container	
<b>Serving size 1 Scoop (31g)</b>	
<b>Amount per Serving</b>	
<b>Calories 100</b>	
% Daily Value*	
<b>Total Fat</b> 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 330mg	14%
<b>Total Carbohydrates</b> 9g	3%
Dietary Fiber 8g	29%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 15g	
Vitamin A 80%	• Vitamin C 35%
Vitamin D 25%	• Vitamin E 70%
Thiamin 70%	• Riboflavin 70%
Niacin 70%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 130%
Biotin 500%	• Calcium 40%
Iron 30%	• Phosphorus 30%
Iodine 50%	• Magnesium 50%
Zinc 70%	• Copper 110%
Chloride 10%	Pantothenic Acid 100%
*Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carb.	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g

## Ingredients

Beyond™ Tri-Protein Blend (Pea Protein Isolate, Rice Protein, Organic Hemp Protein) Inulin, Apple Fiber, Natural Flavors, Dicalcium Phosphate, Beyond™ Proprietary High-Antioxidant Blend (Blueberry and Acai Powders), Salt (Sodium Chloride), Magnesium Oxide, Stevia Extract, Reb. A, Xanthan Gum, Ascorbic Acid (Vitamin C), Copper Gluconate, Vitamin E, Biotin, Niacinamide (Niacin), Zinc Oxide, Lactobacillus Acidophilus, Vitamin A Acetate, Calcium Pantothenate (Pantothenic Acid), Electrolyte Iron, Cholecalciferol (Vitamin D3), Pyridoxine HCl (Vitamin B6), Thiamine Mononitrate (Vitamin B1), Ribofavin (Vitamin B2), Cyanocobalamin (Vitamin B12), Folic Acid, Potassium Iodide.

**No artificial colors, flavors or preservatives.**

**GMO FREE  
DAIRY FREE  
SOY FREE  
EGG FREE  
NUT FREE  
GLUTEN FREE**